



For the best results, apply **at night before bed**. Start by thoroughly rinsing your face with lukewarm water and patting it dry.

Before applying the phage in Step 2, it is essential to prepare the skin to optimize its absorption and efficacy using Step 1. This step includes cleansing and gently exfoliating to remove debris, dead skin cells, and oil that may block Step 2 from working effectively.

Step 1: Prepare Skin Surface

- Using our **hands-free applicator ball**, apply a thin layer of Step 1 to the entire face.
- **Do not rinse**. Allow the solution to dry before proceeding to Step 2.

Step 2: Apply Phage Cocktail

- Using the **hands-free applicator ball**, apply a thin layer of Step 2 to the entire face.
- **Do not rinse**. Allow the solution to dry and leave it on overnight.
- When finished, please **refrigerate** our product to keep it activated! **Do NOT freeze**.

If any irritation is experienced during the treatment period, the customer should transition to a cyclical treatment regimen Step 1 on day 1, Step 2 on day 2, Step 1 on day 3, so on and so forth. Each bottle contains 1oz or 30mL of formulation.

Please only use the Prophiotics system as other cleansers may contain acids which would destroy the phages that attack the Acne Bacteria.

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